

The Compassionate Communities approach encourages people to support one another in order to reduce isolation and improve the health and well-being of members of their local community.

## Creating a space for those affected by Bereavement

In July 2018 Compassionate Communities launched a series of Bereavement Information Hubs in partnership with Cruse Bereavement Care with the aim of providing additional support for those affected by grief.

Hosted in community venues across Wolverhampton and South Staffordshire, the hubs offer a drop in service where those experiencing loss can speak with trained volunteers who are able to listen without judgement and, where needed, signpost to other support services. Numbers have steadily increased since the launch and with both new and regular visitors attending hubs located at:

- Gloucester Street Community Centre, Whitmore Reans – Second Wednesday of the month, 10am–12pm
- Perton Library, Wolverhampton – Second Friday of the month, 2pm–4pm
- Bilston Peoples Centre, Bilston – Last Wednesday of the month, 10am–12pm
- **Coming soon**–Wombourne Library – First Monday of the month, 1.30pm –3.30pm



Following on from the success of the Bereavement Information Hubs we are looking to increase hours to include an evening session at Bilston and Perton hubs. These will help to expand the reach to more people who are perhaps unable to attend a session held during the day.

*"I volunteer at the Bereavement Information Hubs because I wanted to use my own experience to help others with their grief."*

Elaine, Compton Care Volunteer

*"The Hub has been very beneficial to me. To be able to share my grief in a safe place is heart lifting. I always come away from the sessions feeling like I can suddenly and feel sunlight rather than dark clouds."*

Visitor to Bereavement Information Hub

*"I volunteer at the hubs because of my personal experience of grief and loss which could help others."*

Andrew, Cruse Volunteer

## Bereavement Information Hubs Volunteers Needed

We are looking for friendly, approachable and Compassionate people to join our team of Bereavement Information Hub volunteers for 2–6 hours per month. If you have an interest in helping people affected by loss and grief, this could be the opportunity for you!

To enquire, please contact Maz Kull on [mazkull@comptoncare.org.uk](mailto:mazkull@comptoncare.org.uk) or call 0300 323 0250.

## What's On?

If you, or someone you know is affected by incurable illness, why not visit one of the following FREE events?

**MIND Coffee and Chat**— An informal social group for those living with or affected by Motor Neurone Disease.

**Dates:** Monday 20th May and Monday 1st July

**Venue:** Cedars Café, 3 Compton Road West, Wolverhampton, WV3 9DW

**Time:** 2.30pm–4pm

**Café Neuro**— An informal social group for those living with or affected by neurological conditions.

**Date:** Every third Thursday of the month

**Venue:** Action 4 Independence, Albert Road, Wolverhampton, WV6 OAF

**Time:** 2pm to 4pm

**Carers Wellbeing Café** - An informal social group for carers.

**Dates:** 8th April, 13th May, 10 June

**Venue:** The Lighthouse media Centre, Fryer Street, Wolverhampton, WV1 1HT

**Time:** 10am–11.30am

## Shape the future of care for your community

### Join the Compassionate Communities

### Conversation Roadshow

We're inviting people to share their thoughts, feelings and experiences of care services within the local community.



The Compassionate Communities team will be coming to a location near you with our Conversation roadshow. Join us at one of the following events between 10am and 4pm and help shape the future of care for your community.

- Tuesday 26th March—Bilston Town Centre
- Tuesday 30th April—Phoenix Park, Blakenhall
- Tuesday 14th May—Queens Square, Wolverhampton City Centre
- Tuesday 25th June—Wednesfield High Street

No need to book, just come along.

For more information please contact Maz Kull on [mazkull@comptoncare.org.uk](mailto:mazkull@comptoncare.org.uk) or call 0300 323 0250.