

# Caring Hearts Workshop: Providing Effective Care and Support for Cardiac Patients

13<sup>th</sup> November 2019

- Heart failure affects nearly a million people across the UK. It is incurable and difficult to treat, and the number of people living with it is increasing.
- Heart failure has a poor prognosis: 30-40% of patients diagnosed with heart failure die within a year (NICE)
- The Wolverhampton heart team sees approx. 400-500 patients per month
- Many heart failure patients wish that they had been referred for palliative care much earlier in their illness
- One of the recommendations of the 2016 All Party Parliamentary Group on Heart Disease was to improve awareness, knowledge and understanding of heart failure across clinical teams

**TARGET AUDIENCE:** This workshop is open to all registered staff and will enable you to develop a greater understanding of heart failure and how best to manage a number of common symptom (such as breathlessness and anxiety, fluid overload, pain and tiredness). We will also consider how heart failure affects patients and their carers and through the use of case studies and scenarios explore some of the main challenges which healthcare professionals often report when discussing care / options with their patients.

**COST:** **Free** for staff from RWNHST / Compton Care;  
Other staff: £40.00 (incl. all refreshments and buffet lunch)

**TIME:** 09:30 - 16:00

**VENUE:** Compton Care Learning & Development Centre, The Cedars,  
39 Compton Road West, Wolverhampton, WV3 9DW.

## TO BOOK A PLACE

Please go to the Compton Care website and follow the link for Learning and Development - Workshops, Courses and Study Days

[www.comptoncare.org.uk](http://www.comptoncare.org.uk)